

TIGHT K E-BULLETIN



September 2022, Issue 09

67

PARTICIPANTS RECRUITED IN AUGUST

621
PARTICIPANTS
IN TOTAL

The summer might be over, but the sun is still definitely shining on Tight K - we recruited **67** participants in August!

Although we have had our share of ups and downs on the trial, we are now firmly on an upward trajectory.

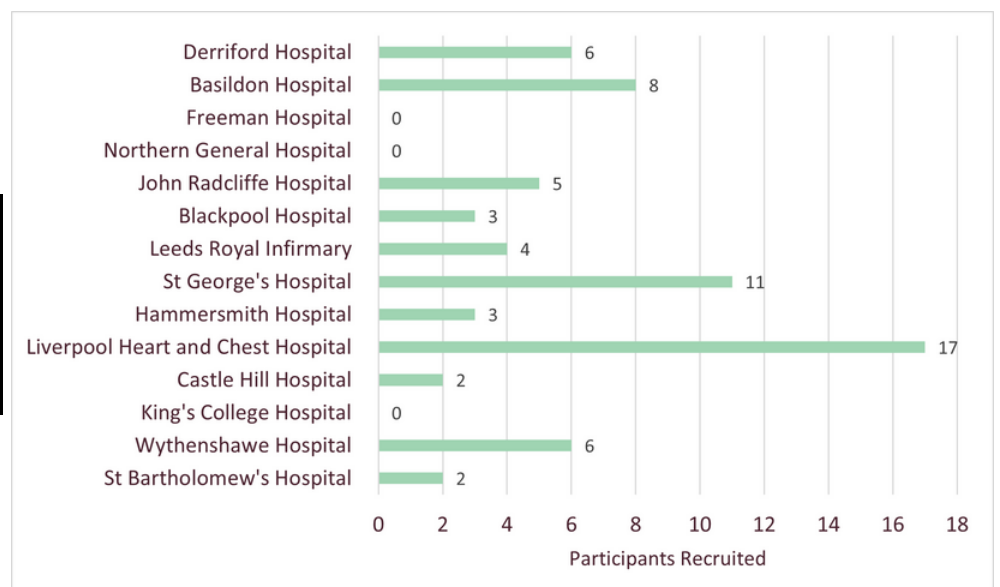
At the end of October, we need to report to the funder on our progress against our milestone. One target in the milestone is to recruit **70 participants or more in three calendar months**. We recruited 78 participants in July, and now we need to recruit 70 or more this month and next.

We know you can do this, but just to make it more interesting, **PRIZES** for sites that recruit **one more** participant in September than they recruited in August!



Top 3 recruiters this month:

1. Liverpool Heart & Chest
2. St George's Hospital
3. Basildon Hospital




Distribution of participants recruited across sites in August 2022


TIGHT K UPDATES

Thank you to all our sites for sharing your excellent ideas to help us improve the trial. If you have any other suggestions, please let us know.


1 Small yellow stickers to attach to the Holter monitor



4 Bedside posters to promote protocol compliance
Ethics approval pending



2 Eligibility cards with the Tight K inclusion and exclusion criteria



5 Participant thank you cards with Tight K enamel pin
Ethics approval pending



3 A list of all the common medications for each drug category to complete the baseline and discharge pages on the eCRF

We will email the medication list and post the Holter monitor stickers and eligibility cards to you later this month. If you would like the eligibility cards laminated for the research team, please contact the Tight K team.

MESSAGE OF THE MONTH

We have simplified the monthly screening log to capture data only on patients undergoing isolated CABG surgery. You will receive the revised log and Screening Working Practice Document by email and the documents will also be available to download through our SharePoint site. **Please start using the updated screening log from this month.**