

TIGHT K E-BULLETIN



November 2022, Issue 11

75

PARTICIPANTS RECRUITED IN OCTOBER

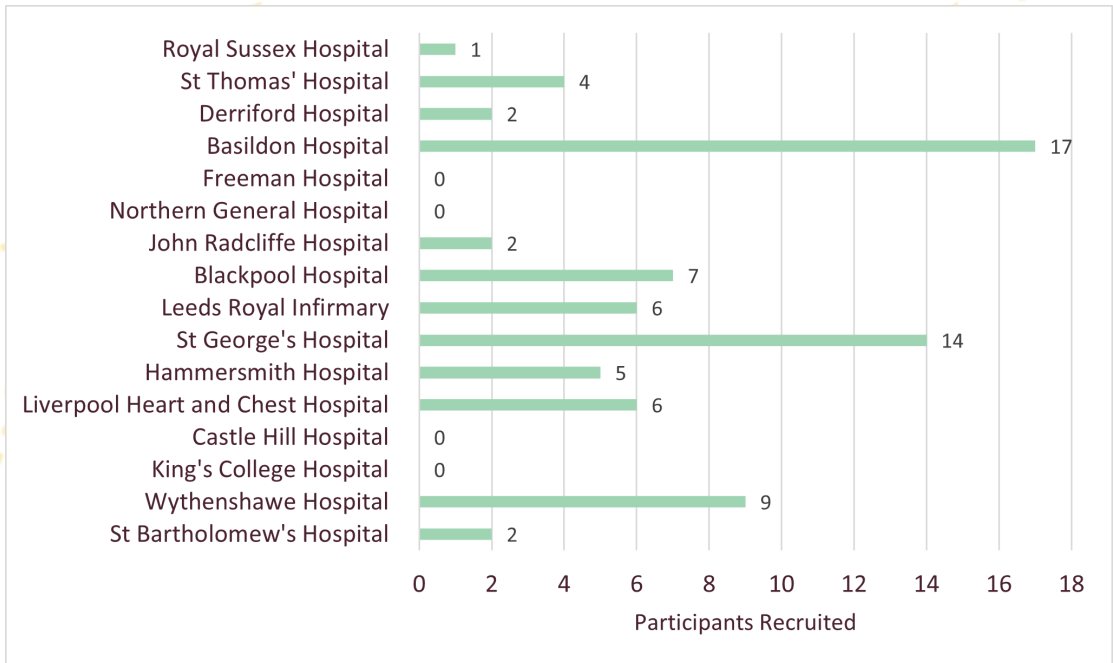
Last month we recruited **75 participants, our second-best recruiting month so far!** A huge thank you to all our sites.

From this month, we are introducing a Meet the Team feature, starting with the highest recruiting site in October, Team Basildon (see next page)

755
PARTICIPANTS
IN TOTAL



**WELCOME
TO
ROYAL
SUSSEX**



MEET THE TEAM

BASILDON HOSPITAL



L-R: Donna Wright (IHT Nurse Specialist), Mr. Youssef Abouelela (CTC Surgeon), Dr Maria Maccaroni (Study PI/Consultant Anaesthetist), Sofia Matias (Research Nurse), Jonaifah Ramirez (Research Nurse). *Not in the picture: Research nurses: Emily Redman and Kelly Musson*

We asked the team to tell us what advice they would give to new sites:

- Try to get as many of the surgeons and anaesthetists on board with the trial as possible. Keep persevering, and take advantage of every opportunity to present and discuss the trial with colleagues in order to build support for the study.
- When you start, reflect and learn on your experience of recruiting your first few participants and use those insights to improve your practice.
- Focus on data quality, not just on the number of participants you recruit.
- **Team work is essential! We are fortunate to have excellent working relationships between the clinical and research teams and it has been keen to key to our success on Tight K.**

