



## PROGRAMME SPECIFICATION

### 1. Overview

<b>Academic Year (student cohorts covered by specification)</b>	2025-26
<b>Programme Title</b>	Sexual and Reproductive Health Policy & Programming
<b>Programme Director</b>	Chido Dziva Chikwari, Deda Ogum & Rachel Scott
<b>Awarding Body</b>	University of London
<b>Teaching Institution</b>	The London School of Hygiene & Tropical Medicine
<b>Faculty</b>	Epidemiology and Population Health
<b>Length of Programme (months)</b>	Full time = 12 months, Part time = 24 months
<b>Entry Routes</b>	PGCert
<b>Exit Routes</b>	PGCert
<b>Award Titles</b>	PGCert in Sexual and Reproductive Health Policy & Programming (60 credits)
<b>Accreditation by Professional Statutory and Regulatory Body</b>	None
<b>Relevant PGT <a href="#">QAA Benchmark Statement</a> and/or external/internal reference points</b>	No relevant subject benchmark statement – consistent with external reference points UK quality code for higher education & QAA credit framework for England
<b>Level of programme within the Framework for Higher Education Qualifications (FHEQ)</b>	Postgraduate Certificate (PGCert) Level 7
<b>Total Credits</b>	<b>CATS:</b> 60 <b>ECTS:</b> 30
<b>HECoS Code</b>	100246; 100621; 100962; 100473
<b>Mode of Delivery</b>	The programme will be delivered online.



<b>Mode and Period of Study</b>	Full time (12 months) or part time (max 24months)
<b>Cohort Entry Points</b>	Annually in September
<b>Language of Study</b>	English
<b>Re-sit Policy</b>	<a href="https://www.lshtm.ac.uk/sites/default/files/academic-manual-chapter-08a.pdf">https://www.lshtm.ac.uk/sites/default/files/academic-manual-chapter-08a.pdf</a>
<b>Extenuating Circumstances Policy</b>	<a href="https://www.lshtm.ac.uk/sites/default/files/academic-manual-chapter-07.pdf">https://www.lshtm.ac.uk/sites/default/files/academic-manual-chapter-07.pdf</a>
<b>Programme Description</b>	This programme is designed in collaboration with the University of Ghana School of Public Health (UGSPH) to equip students with the advanced knowledge and skills required to design, implement, and evaluate evidence-based sexual and reproductive health (SRH) policies and programmes in Africa and globally. The programme will focus on subjects which are directly relevant to improving SRH in communities and at the global level, including: the critical understanding and application of evidence from a multidisciplinary perspective; the influence of health systems and policies on SRH and how these can be transformed; and the importance of SRH rights and reproductive justice. Students will have the opportunity to acquire new knowledge skills in other health areas such as health promotion or health economics.
<b>Date of Introduction of Programme (month/year)</b>	September 2025
<b>Date of production / revision of this programme specification (month/year)</b>	August 2024

## 2. Programme Aims & Learning Outcomes

<b>Educational aims of the programme</b>
The programme aims to train professionals working in the health or policy sectors with advanced expertise and leadership skills to design, implement and



### **Educational aims of the programme**

evaluate sexual and reproductive health policies and/or programmes in sub-Saharan Africa and other low- and middle-income settings.

### **Programme Learning Outcomes**

#### **1. Knowledge and understanding of:**

Upon successful completion of the programme, students will be able to demonstrate advanced knowledge and understanding of:

- Policy and health system factors influencing sexual and reproductive health and rights (SRHR) , and how these should be taken into account in the design and delivery of effective SRH programmes
- The influence of socio-political, cultural, legal and ethical issues surrounding SRHR on the design and delivery of SRHR programmes and policies tailored to the context
- Up-to-date evidence base on effective sexual and reproductive health policies and interventions

#### **2. Skills and other Attributes**

Students will be able to demonstrate:

- Critically interpret, synthesise and apply research evidence to support SRHR policies and programmes
- Critically appraise policy strategies to promote SRHR, that reflect the variation in needs of different population groups
- Apply skills in communication with specialist and non-specialist audiences, advocacy, and collaborative working to engage effectively with stakeholders who influence sexual and reproductive health policy and programming

### **Teaching and Learning Strategy**

A range of teaching and learning approaches will be used, including the 'flipped classroom' approach, where students read, view or interact with materials independently (for example pre-recorded lectures, teaching notes, quizzes, podcasts, or other media), followed by interactive sessions where students can apply their learning and assess their understanding of a topic. Interactive teaching sessions may include live lectures, Q&A sessions, debates and panel discussions; small group seminars; practical sessions applying specific skills; and facilitated or unfacilitated group work with peers. Students



### Programme Learning Outcomes

are also expected to learn through both directed and self-directed study, independently and in groups. Each element of the programme has specific learning objectives, with content designed to help students achieve these outcomes. Teaching will be delivered in collaboration with academic staff at the UGSPH.

### Assessment Strategy

The strategy is designed to reflect the reality of working in SRH policy and programming and to test relevant public health skills. Module assessments will include formative tasks to assess progress and summative tasks to test against the Intended Learning Outcomes. A combination of approaches will include group or individual reports, essays, policy briefs, written exams and group or individual presentations. The format of module assessment will draw on the most appropriate method for testing the intended learning outcomes of the module. The module assessments will test the Intended Learning Objectives of the Programme.

### 3. Programme Structure and features, modules, credit assignment and award requirements:

Full-time PGCert	Term 1	Term 2	Term 3	Total Credits
Compulsory Modules	4			60

Module information is correct at the time of publication, but minor amendments may be made subject to approval as detailed in [Chapter 3 of the LSHTM Academic Manual](#). Optional (i.e. recommended non-compulsory) modules listed are indicative and may change from year to year.

<https://www.lshtm.ac.uk/study/courses/changes-courses>

Term	Slot	Module Code	Module Title	Module Type (compulsory or recommended)	Credits (CATS)
1	AB	2602	Sexual and Reproductive Health and Rights	Compulsory	15



Term	Slot	Module Code	Module Title	Module Type (compulsory or recommended)	Credits (CATS)
1	AB	2600	Understanding and Applying Research Evidence	Compulsory	20
1	AB	2601	Health Policy and Systems for Sexual and Reproductive Health	Compulsory	15
1	AB	PHM107	Foundations in Health Promotion (by Distance Learning)	Compulsory (option)*	10
1	AB	PHM103	Introduction to Health Economics (by Distance Learning)	Compulsory (option)*	10
1	AB	PHM108	Health Services (by Distance Learning)	Compulsory (option)*	10

\* Students choose **one** of the three modules. PHM103 and PHM108 are assessed by a written exam in June. PHM107 is assessed by assignment only; submission deadline end of May

#### 4. Contact Hours

Student contact time refers to the tutor-mediated time allocated to teaching, provision of guidance and feedback to students. This time includes activities that take place in face-to-face contexts such as on-campus lectures, seminars, demonstrations, tutorials, supervised laboratory workshops, practical classes, project supervision and external fieldwork or visits, as well as where tutors are available for one-to-one discussions and interaction by email. Student contact time also includes tutor-mediated activities that take place in online



environments, which may be synchronous (using real-time digital tools such as Zoom or Blackboard Collaborate Ultra) or asynchronous (using digital tools such as tutor-moderated discussion forums or blogs often delivered through the School's virtual learning environment, Moodle). Module contact time will be defined in the individual module specifications and provided to students at the start of their programme.

This definition is based on the one provided by the [Quality Assurance Agency for Higher Education \(QAA\) Explaining contact hours \(2011\)](#). Student contact time, together with time allocated for independent study and assessment, determines the total student study hours for a module or programme. Although there are separate hours allocated for each of these activities, they should always be clearly linked together to support effective learning.

The London School of Hygiene and Tropical Medicine (LSHTM) defines high quality contact time as structured, focused, purposeful and interactive.

## **5. Entry Requirements**

Please refer to the programme's entry requirements [here](#).